



Mid-Atlantic Invitational Meet Schedule

Level	Day	Time	Event
S S E S S I O N 1	Level 6 (ALL) Saturday 2/25	7:30-8:00AM	Registration and Open Stretch
		8:00AM-8:42AM	Timed Warm-Ups
		8:42AM	Presentation of Teams
		8:46AM-10:46AM	Competition
		10:46AM	Awards
S S E S S I O N 2	Level 7 (ALL) Level 8 (ALL) Saturday 2/25	11:15-11:45AM	Registration and Open Stretch
		11:45AM—12:21PM	Timed Warm-Ups
		12:21PM	Presentation of Teams
		12:25-2:25PM	Competition
		2:25PM	Awards
S S E S S I O N 3	Junior Developmental Level 9 (All) Level 10 (All) Saturday 2/25	3:00-3:30PM	Registration and Open Stretch
		3:30-4:18PM	Timed Warm-Ups
		4:18PM	Presentation of Teams
		4:23-6:23PM	Competition
		6:23PM	Awards
S S E S S I O N 4	Level 4 Division 1 (ALL) Sunday 2/26	7:30-8:00AM	Registration and Open Stretch
		8:00-8:36AM	Timed Warm-Ups
		8:36AM	Presentation of Teams
		8:36-10:46AM	Competition
			Awards
S S E S S I O N 5	Level 4 Division 2 (ALL) Level 5 Division 1 (11+) Sunday 2/26	11:00-11:30AM	Registration and Open Stretch
		11:30AM-12:12PM	Timed Warm-Ups
		12:12PM	Presentation of Teams
		12:12PM-2:12PM	Competition
			Awards
S S E S S I O N 6	Level 5 Division 2 (ALL) Division 1 (6-10) Sunday 2/26	2:30PM –3:00PM	Registration and Open Stretch
		3:00PM—3:48PM	Timed Warm-Ups
		3:48PM	Presentation of Teams
		4:00-6:00PM	Competition
			Awards

Saturday there will be a basketball game going, we encourage your to drop off your athlete and spectators at the door and go and park. If this is your first time attending the meet, allow extra time to find the gym and parking. The doors to the gym will open at 7:25AM on Saturday and Sunday.