

# Warm-Up Schedule

## Mid-Atlantic Invitational

Host: Preston Gymnastics Academy

Session 2 Level: 6,7,8

Date: March 03, 2006

Open Warm-Up:

Timed Warm-Up: 1:00 PM

March In: 2:00 PM

Warmup Time per Event: 10 minutes.

Team	Level	Gymnasts	Begin Warmup	Begin Meet	Queue	March In
Preston	7	3	Pommel	Floor	1	
Preston	8	3			1	
Delmarva	7	1			2	
Barlows	7	1			3	
Capital	6	3	rings	Pommel	1	
Capital	7	4			1	
ASAP	6	1	Vault	rings	1	
ASAP	7	1			1	
ASAP	8	1			1	
Clark's Gymnastics	8	1			2	
Hanover YMCA	6	3			3	
Fairland	7	2	PBars	Vault	1	
Fairland	8	1			1	
Top Flight	6	1			2	
Top Flight	7	5			2	
Docksiders	7	4	H Bar	PBars	1	
KMC	7	2			2	
Rebounders	6	1			3	
Classics	6	3	Floor	H Bar	1	
Classics	7	1			1	
Gymnastics of Americ	7	2			2	
Hanover YMCA	8	1			3	

Rotations will follow Olympic Event Order